

00:00:04

Here you go, it's not exactly a cure just tea, but might make you feel better to drink something warm.

00:00:18

Oh, I want to.

00:00:26

Do you want to talk to me a little bit or do you want some space?

00:00:50

OK.

00:01:16

What do you mean?

00:01:26

I notice?

00:01:32

I see you.

00:01:33

Even even when you're quiet, even when you feel lost, I I see you.

00:02:04

I'm so sorry, honey.

00:02:12

Sounds really exhausting. I know how it feels when the world just seems to be spinning and spinning and spinning and not slowing down, and it seems like you're such a little part of it that almost doesn't matter.

00:02:46

But I promise you that you matter.

00:02:52

You're seen.

00:02:59

You mean the world to me.

00:03:03

And you don't have to carry all of this alone, OK?

00:03:19

No.

00:03:19

You can lean on me anytime.

00:03:32

You're not.

00:03:36

You're not always breaking down.

00:03:44

That's not true

00:03:48

You're human.

00:03:54

My single human on this planet will break down sometimes because of the pressure of the world.

00:04:01

That doesn't make you weak in any kind of way.

00:04:09

It just means that you're real.

00:04:14

Let me wipe those tears, OK?

00:04:34

You don't have to pretend to be strong.

00:04:42

You really don't.

00:04:45

I know that you are strong even in moments like these.

00:04:53

Take such strength to be vulnerable to.

00:04:58

It really does.

00:05:03

I want you to feel like you have to put on this mask when you're around me.

00:05:09

That's the last thing I want you to feel.

00:05:16

I know it is exhausting.

00:05:17

It can be, to feel like you need to do that to the rest of the world.

00:05:25

But this is me.

00:05:29

I love you, OK?

00:05:35

I love you with all of my heart.

00:05:42

I don't judge.

00:05:47

You know that, right?

00:05:55

Well, if it doesn't get better..

00:06:03

First off, it will.

00:06:07

Let's play with that thought, OK, I'm still going to be here.

00:06:16

If it takes days, months, years, I'm still going to be here.

00:06:29

I'm still going to bring you tea, I'm still going to listen.

00:06:36

I'm still going to hold you if you want me to.

00:06:52

Love doesn't leave when it gets dark.

00:07:01

No, not real love.

00:07:09

I hold you.

00:07:10

You carry so much on these shoulders.

00:07:30

You don't have to anymore, OK?

00:07:39

Not tonight.

00:07:50

Well, then we don't fix it tonight.

00:07:56

Tonight we'll just be like this.

00:08:05

Tonight we just exist, OK?

00:08:20

You're not alone.

00:08:26

You are so, so loved.

00:08:39

There's nothing in this world that would change that.

00:08:41

I promise you it's OK.

00:09:01

You just relax, OK?

00:09:07

It's all OK.

00:09:25

It's OK.

00:10:04

I know we will be. Because we have each other.