

00:00:03

Hey, come here.

00:00:07

Come here, honey.

00:00:17

Get your cute butt over here.

00:00:22

That's it.

00:00:24

Let me hold you for a bit.

00:00:32

So much better.

00:00:50

Are you tired?

00:00:59

It's okay.

00:01:49

Aww... I knew something was off.

00:02:07

It was shitty?

00:02:17

That's all right.

00:02:28

You want to tell me about it?

00:02:34

If you don't feel like it just yet, that's.

00:02:38

That's okay too.

00:02:40

There's no rush.

00:02:41

You can.

00:02:46

You can just lay on me for a little bit.

00:02:50

Let me hold you.

00:02:57

Scooch up a bit more.

00:03:01

That's better.

00:03:10

That's it.

00:03:16

You doing good, baby.

00:03:22

All you have to do is lay in my arms right now.

00:03:31

Let me hold you and give you soft kisses.

00:03:44

That's what you deserve.

00:03:59

It's okay.

00:04:09

If you need to cry, then you cry, okay?

00:04:19

That's okay.

00:04:28

You're okay, baby.

00:05:38

It's okay.

00:05:54

Sorry.

00:05:57

I got hair in my mouth.

00:06:03

I don't know.

00:06:04

Was it yours or mine?

00:06:07

Maybe if it was a mix.

00:06:18

You laugh at my pain.

00:06:21

I'm joking.

00:06:25

Joking.

00:06:45

You know, this is what really matters right now.

00:06:54

At the end of the day, it's you and me.

00:07:06

Know that whatever, to use your word, 'shit' the world throws at you, I'm here.

00:07:29

Of course.

00:07:36

You want black rubs?

00:07:43

Rubs or scratches?

00:07:47

Good choice.

00:07:48

Good choice.

00:07:56

Tell me if that feels good.

00:08:01

Yeah.

00:08:09

I got you, baby.

00:08:22

Let me take care of you.

00:08:27

And pamper you a bit.

00:08:33

You definitely deserve that.

00:08:34

What?

00:08:43

No, no, no, no, no, no.

00:08:48

You haven't ruined my evening.

00:08:51

Okay?

00:08:51

You're not being a bother.

00:08:53

I want you to stop saying things like that, okay?

00:08:59

I'm here for the good and for the bad, okay?

00:09:03

Uh huh.

00:09:05

I'm just here for you.

00:09:10

You don't have to make yourself seem okay for my sake.

00:09:20

If you had a hard day, then you had a hard day.

00:09:22

And that's all right.

00:09:25

Okay?

00:09:31

And you're allowed to come to me like this.

00:09:37

Needing a little extra love.

00:09:40

Wanting to be held.

00:09:46

And I like being the one you come to.

00:09:51

I really do.

00:09:58

You need to get closer.

00:10:03

Try.

00:10:08

Squeeze you harder.

00:10:14

Perfect.

00:10:25

One more.

00:10:29

Two more.

00:10:33

Three more.

00:10:41

So cute.

00:11:03

I like when you need me.

00:11:10

I like feeling needed.

00:11:11

I guess.

00:11:13

I mean, don't we all?

00:11:22

Especially by you.

00:11:55

Are you warm enough?

00:12:01

Good.

00:12:16

Do you.

00:12:20

Do you want to tell me what happened?

00:12:27

Or do you kind of want to put that in a box, store it for later or throw it away even?

00:12:55

You don't know why you're feeling like this?

00:13:06

Okay.

00:13:07

I mean, it's okay if you don't.

00:13:13

Maybe it wasn't anything specific that happened.

00:13:18

Maybe it's just a combination of a lot of little things, you know?

00:13:32

I know.

00:13:33

I feel like that sometimes.

00:13:37

Like, it wasn't one thing that was said or one thing that happened.

00:13:47

It was just this and this and this and this and that, and I was feeling really shitty and my brain was telling me not nice things and, you know, it's just a whole bunch of stuff.

00:14:14

Brainworms, those can be hard to get rid of.

00:14:28

Never?

00:14:47

That is so real, though.

00:14:50

Yeah, of course.

00:14:52

I think we're always our worst critic.

00:14:56

You know, I think for me it's making mistakes and learning to forgive myself for making those.

00:15:15

And trying to not take a situation that was kind of a smallish insta.. incident and making it a really big one.

00:15:37

Okay, like.

00:15:40

Like if I make a small mistake at work, right?

00:15:42

Something that I can fix and something that doesn't really impact anyone but me, I can still get these random thoughts in my head, like, maybe I'm not very good at my job, like, do I really deserve to be here?

00:16:03

Like, everyone around me seems so competent, and what if they all see that I did this mistake and think less of me?

00:16:12

What if it gets up to my boss?

00:16:15

And what if it comes up under my evaluation and I don't get, you know, any sort of benefit on my salary?

00:16:22

What if they make it my salary less?

00:16:24

So what if they actually make me get, like.

00:16:28

What if they get rid of me and, like, I take something small and all of a sudden I blown it way out of proportion to a point where I'm gonna get fired and then how am I gonna pay my rent and how am I gonna keep this place then?

00:16:45

And what.

00:16:46

What's going to happen?

00:16:47

It's not easy to get a new job and all these things.

00:16:58

And forgive me for saying this right now.

00:17:02

I don't, like, want to come down on you when you're.

00:17:06

When you're feeling like this, but, like, when you tell me these things about yourself, I don't.

00:17:18

I don't even see that, honey.

00:17:21

I honestly really don't.

00:17:30

I don't see someone who's failing.

00:17:39

I don't see someone who could always do better.

00:17:44

Like, I. I don't see that.

00:17:55

I see someone who's trying very, very hard, and that is a good person that has accomplished things, that is going to accomplish things, Someone that's lovely.

00:18:21

And someone that I love very much.

00:18:30

We all have flaws, baby.

00:18:34

There's not a single person on this planet that doesn't.

00:18:41

But if nobody ever had any, quote, unquote, flaws, then.

00:18:47

Then we would kind of all be the same.

00:18:54

Yes.

00:18:58

Everyone's face would be absolutely symmetric, super straight teeth.

00:19:05

They would be muscular, but not too muscular.

00:19:10

Lean, but not too lean.

00:19:12

Like, if we're gonna set all of these standards, for every single person to live up to, we would all have to look very, very alike.

00:19:26

And it's the same if we are going to follow all these norms for what it means to be successful.

00:19:31

Like, is everyone gonna be super rich?

00:19:35

Is everyone gonna be a doctor and a lawyer?

00:19:43

No.

00:19:46

Not that there's anything wrong with either of those.

00:19:49

But you see my point, right?

00:19:53

It's these things that we call flaws is really just things that kind of make us a little bit unique, that makes us stand out.

00:20:07

They're not actually bad things.

00:20:15

No, I don't think so.

00:20:16

Not necessarily.

00:20:22

I mean, your flaw is that you can be incredibly stubborn about these things and that you don't listen to me when I tell you how amazing you are.

00:20:34

That is a flaw that you can't see that.

00:20:41

Gonna get your eyes and your ears checked.

00:20:55

No, You're great. Nobody gets to tell you differently.

00:21:09

Okay?

00:21:17

That goes for those brain worms too.

00:21:23

Telling my baby they're not good enough.

00:21:30

Unacceptable.

00:21:32

Unacceptable.

00:21:46

That must be combated with kisses and cuddles.

00:21:53

And telling you everything I love about you.

00:22:00

That's what's gonna happen. No matter what kind of day it was, no matter how tired you are, no matter if you feel not okay.

00:22:42

It's okay to show me all of those things.

00:23:00

It's okay to get all soft and sleepy.

00:23:06

It's just one of the things I love about you.

00:23:11

Those moments when you just let yourself be.

00:23:37

Your compassion, Your heart.

00:23:51

I think only people with a really big heart are capable of feeling the way that you do.

00:24:07

Yeah.

00:24:16

And you have a really nice butt.

00:24:22

That helps.

00:24:23

That helps.

00:24:26

That made you laugh.

00:24:32

Mission accomplished.

00:24:36

No, I still mean it.

00:24:37

It's still very nice.

00:24:54

And what else is cute about you?

00:24:59

This forehead.

00:25:04

Nose.

00:25:09

Pretty eyes.

00:25:23

Cheeks.

00:25:28

These cheeks, too.

00:25:46

Mm.

00:25:49

Every little bit of you is what I want.

00:25:58

Every single bit.