

00:00:02

Baby, why are you hiding under the pillow?

00:00:10

Hello.

00:00:14

I guess they're gone.

00:00:18

I wonder what happened?

00:00:23

I'm all alone.

00:00:26

There's no one here beside me...

Baby?

00:00:37

You OK?

00:00:44

Wait.

00:00:44

Are you are you scared of thunder?

00:00:53

No?

00:00:55

Hey, is there another reason you're hiding under there?

00:01:08

Honey, there is nothing wrong with being afraid.

00:01:15

It is really, really loud.

00:01:27

You want to come out from under there?

00:01:34

Hmm, How else am I going to snuggle you?

00:01:37

Hmm.

00:01:42

There we go.

00:01:44

Come, come here.

00:01:53

It's OK, it's just noise, you know, Big bossy noise trying to act all important.

00:02:16

It can't hurt you though, I promise.

00:02:31

Nothing is going to hurt you when I'm here.

00:02:32

No, you're super.

00:02:38

Safe let's.

00:02:43

Wrap this blanket around both of us and there we go.

00:02:55

We'll both get underneath it.

00:02:56

OK.

00:03:00

Do you want to do that now?

00:03:02

Yeah.

00:03:04

OK.

00:03:12

Come here again.

00:03:15

You can hide your face right here, right against me.

00:03:25

Is that better?

00:03:30

safe space.. away from everything.

00:03:42

I smell like laundry soap?

00:03:47

You're sweet.

You're OK.

00:04:04

You hear my heartbeat?

00:04:09

Steady.

00:04:11

Strong.

00:04:22

Focus on that and the rhythm of it.. and how my chest slowly rising, sinking

00:04:50

with every breath.

00:04:59

I got you.

00:05:13

You're safe

00:05:20

And whenever you need, I'll be your shield, protecting you through everything bad, everything's scary

00:05:43

Everything you don't want.

00:05:50

Nothing is getting through me tonight.

00:05:54

Never.

00:06:11

You know what my mom used to tell me about storms?

00:06:26

That's just just this guy having a big, big argument with someone, and then the lightning indicates that someone was.

00:06:45

Interrupted

00:06:54

That it was just a conversation, maybe a heated one, but nothing worse than that.

00:07:20

She also told me that you should count a time between the sounds, and if it's really long, it means it's very far away.

00:07:39

You see?

00:07:50

It's far away, it's not close to us.

00:08:02

So that means it won't hurt us, right?

00:08:04

Mm Hmm.

00:08:19

That's right.

00:08:33

One day when we buy that big house we're saving up for, I'm going to make us a storm nook.

00:08:49

We would have a window for watching the rain and an entire an entire mountain of blankets.

00:09:02

Then we would make hot chocolate and just watch it from a distance.

00:09:21

And I promise you, honey, you'll never have to face the storm alone again.

00:09:32

I'm going to be here.

00:09:43

It is a promise, and if it ever gets too loud, just pull the curtains and curl up together just like this and we'll pretend the outside world does not exist.

00:10:06

It's just us.

00:10:17

In will be like in that Ted movie.

00:10:24

Yeah, They're like Thunder, buddies.

00:10:27

You don't remember?

00:10:34

I don't remember either, if I'm honest.

00:10:37

Oh, I remember it having quite a bit of profanity in it.

00:10:40

But like Thunder, you can suck my... yes.

00:11:06

Well, that whole movie is pretty much that, right?

00:11:13

It's not exactly PG.

00:11:25

But right now, we're Thunder buddies.

00:11:30

Uh huh.

00:11:33

I'll be that teddy bear you can hold on to.

00:11:41

Deal.

00:11:51

And I'll always protect you, I promise you, no matter what.

00:12:07

Even from those grumpy old clouds trying to sound all.

00:12:12

Scary I.

00:12:28

Promise to keep you safe.

00:12:47

And I.

00:12:51

Always got.

00:12:52

You.

00:12:54

You.

00:13:06

Can rest.

00:13:12

I'm going to stay up until you fall asleep.

00:13:22

I got to make sure you feel safe, right?

00:13:27

I'm going to take care of my baby.

00:13:32

Yes, I do.

00:13:33

Do make sure you get really good sleep.

00:13:45

You deserve that.

00:14:00

Everything's OK.

00:14:03

You.

00:14:08

Can relax, just let me hold you.

00:14:27

just.

00:14:34

The way that you like, just the way you deserve.

00:14:55

You're so safe.

00:14:57

I promise you.

00:15:08

I promise you.

Nothing.

00:15:31

Will ever hurt you here

00:15:36

Nothing.

00:15:38

I.

00:15:41

Promise you I'm right here.

00:15:54

I'm right here.

00:16:05

It's OK.

00:16:09

It's just you and me.

00:16:15

It can't get to you.

00:16:21

Not right now.

00:16:24

Not ever.

00:16:28

Not while I'm here.

00:16:36

I'll keep you safe, always keep you safe.

Let me just rock you gently side to side.

00:23:49

Everything's OK.

00:23:56

Everything's.

00:23:59

OK.

00:24:07

I know, and I wish it would stop too.
maybe very, very soon.

00:24:29

OK, Very, very soon.

00:24:35

It's OK.

00:24:38

It's OK.

00:24:42

Remember what I told you?

00:24:46

You're safe with me.

00:24:49

Super super super, super, super, super super safe.

00:25:03

My baby is so safe.

00:25:12

Will always love you.

00:25:13

I hold you

00:25:22

You deserve that

00:25:24

You deserve that.

00:25:25

So everything's OK.

00:26:24

OK, everything's OK.

00:26:31

Everything.

00:26:33

is OK.

00:26:40

I'm right here.

00:26:46

I'm right here.

00:26:55

Go.

00:27:02

To sleep.

00:27:11

I love you.

00:27:15

No, no, I'm not going.

00:27:22

I'm keeping you safe still.

00:27:30

Sweet dreams, my baby.

00:27:36

Sweetest, sweetest dream.

00:27:37

We're such a sweet babe, my sweet.

00:28:04

I love you.

00:28:07

That's good.

00:28:08

Everything is all right.