

00:00:02

Hi, sweetie.

00:00:05

You finally here.

00:00:06

Come.

00:00:06

Come inside.

00:00:11

First.

00:00:11

First, give me your bag.

00:00:16

Come on.

00:00:16

Hand it over.

00:00:19

Okay, let's get your jacket.

00:00:24

Oh, I'm dead serious.

00:00:30

Maybe.

00:00:30

Maybe a little bit bossy, but someone said they had a day..

00:00:38

Speaking of, give me a big hug.

00:00:51

I'm glad you're here.

00:00:57

Mm.

00:00:57

Mm.

00:00:58

I don't care.

00:01:01

I always want you here.

00:01:04

Whether you're happy, sad, nervous, whatever kind of mood you're in.

00:01:12

I just want you, okay?

00:01:17

So don't apologize.

00:01:20

Mm.

00:01:27

Listen, you clearly spent all day being useful, being the responsible one, being the person who handles everything.

00:01:37

So tonight.

00:01:41

Tonight, you're done.

00:01:42

Okay?

00:01:48

It means that for the next little while, your only job is to let me take care of you. Starting with getting you to sit down on the couch.

00:02:00

Come, come, come.

00:02:06

Yes.

00:02:08

Don't argue with me.

00:02:10

No.

00:02:11

Okay, now I'm gonna get you some water and a little snack.

00:02:20

I figured.

00:02:21

I figured you'd be hungry.

00:02:24

Cause, I don't know.

00:02:25

Let me guess.

00:02:26

You barely had lunch.

00:02:29

Maybe drank half a glass of water.

00:02:33

Am I close?

00:02:40

Okay, that's.

00:02:41

That's not nearly enough.

00:02:43

Baby, snacking does not.

00:02:49

It doesn't count as a meal.

00:02:51

It doesn't replace a meal.

00:02:52

Okay?

00:02:58

Yeah, you can smell it?

00:03:01

I do.

00:03:02

It's in the oven.

00:03:04

But it might still be, like, 20 minutes, so that's why I'm making you a little snack first.

00:03:18

I don't.

00:03:20

Okay, I very much disagree with that.

00:03:23

But regardless, what if I want to?

00:03:28

Did you think of that?

00:03:31

Like, what if I actually want to look after you?

00:03:39

Yes, I do.

00:03:40

Very much so.

00:03:42

Would you let me?

00:03:48

Bring your feet up.

00:03:50

Close your eyes for a little bit, and I'm gonna be right back.

00:03:54

Okay?

00:04:09

All right.

00:04:12

Sandwich.

00:04:18

Are we going to have this discussion one more time?

00:04:22

It is not.

00:04:23

It's.

00:04:23

It's a.

00:04:24

It's not half a sandwich.

00:04:26

It's a sandwich.

00:04:27

Okay, well, then that.

00:04:31

If it had two pieces of bread, that would be a double sandwich.

00:04:33

We've been over this.

00:04:40

Whatever.

00:04:41

Eat your sandwich.

00:04:43

Or at least eat the fruit.

00:04:45

Okay?

00:04:47

And we can have a debate whether what kind of sandwich is a real sandwich.

00:04:53

But I know I'm right.

00:04:58

Swedes are weird?

00:05:00

No, I know.

00:05:09

I know you're hungry.

00:05:16

No, you're not a jerk.

00:05:17

Well, my culture is insulted, but I'll survive.

00:05:25

No, no.

00:05:28

I'm messing with you.

00:05:37

See?

00:05:37

Two bites, and I can almost see some color coming back on your face.

00:05:48

I know.

00:05:48

Trust me.

00:05:50

It's easy to forget.

00:05:52

To forget the little things.

00:05:53

And you're always so busy making sure that everyone else has what they need.

00:06:03

You are, honey.

00:06:06

I see it every day.

00:06:07

You're always the first person to offer to help, but you never ask for it.

00:06:15

And you know, honestly, even sometimes when it is offered to you, you just say, oh, I can do it.

00:06:26

Don't even try.

00:06:27

Don't even try to deny it.

00:06:30

You get handed one glass of water and a sandwich, and suddenly you act like somebody moved a mountain for you.

00:06:49

You know, it tells me quite a bit.

00:06:57

No.

00:06:57

Just like you're not used to somebody noticing much what you need or asking you what you need.

00:07:09

Not used to anyone stepping in and saying, hey, I got this.

00:07:12

Sit down.

00:07:17

And you're not used to being looked after.

00:07:28

Scooch back a little.

00:07:30

Fixing the pillows behind you.

00:07:36

One behind your back, then one under your arm.

00:07:45

Blanket goes over the lap.

00:07:49

No, no, no, no.

00:07:50

Take the blanket.

00:07:56

That look.

00:07:58

It's like you're preparing to say, I'm okay.

00:08:01

Don't worry about me.

00:08:05

Don't downplay it.

00:08:10

That look only works on people who don't know you.

00:08:14

I'm very familiar with the difference between your real I'm okay and your please don't make me explain how bad this feels, because I'm barely keeping it together.

00:08:29

This is definitely the second one, so no minimizing that.

00:08:33

Okay?

00:08:43

No trying to package your exhaustion into something easier for me to deal with.

00:08:53

Come on.

00:08:55

Yep.

00:08:56

Feet in my lap.

00:08:58

Come here.

00:09:01

Because I told you I'm taking care of you, and you've been stressing all day.

00:09:11

Relax.

00:09:15

No, come on.

00:09:16

Come on.

00:09:18

I know you.

00:09:19

I know that instinct.

00:09:21

You're trying to, like, hold your feet up, just everything.

00:09:28

Yeah.

00:09:29

Just lean on me.

00:09:31

Dead weight.

00:09:33

Come on.

00:09:37

Let me do the work.

00:09:54

Yeah.

00:09:55

How's the pressure?

00:09:59

Good.

00:10:14

You don't have to do that.

00:10:16

Stop.

00:10:19

Honestly?

00:10:21

Yes.

00:10:22

I told you I'm taking care of you.

00:10:25

No, no, you do take care of me, too.

00:10:33

Plenty.

00:10:36

You know, care is not a.

00:10:38

It's not like a debt that you have to repay immediately.

00:10:44

You don't owe me anything back.

00:10:46

If I take care of you.

00:10:51

Yes.

00:11:00

It's not a transaction, you know?

00:11:05

No.

00:11:09

I take care of you because I enjoy taking care of you.

00:11:15

And vice versa sometimes.

00:11:17

Sometimes I need you, but it's not a. I don't know, a tit for tat kind of situation.

00:11:26

If I do something nice for you, I don't do it because I expect something in return.

00:11:36

It's just me loving my person.

00:11:45

I'm gonna let people take care of you.

00:11:55

I need you to.

00:11:56

Okay.

00:12:04

Yeah.

00:12:05

You can have all the hugs.

00:12:06

Come here.

00:12:08

Oh, come.

00:12:17

On.

00:12:20

I know.

00:12:27

No, honestly, I think just receiving.

00:12:31

Sometimes it can be difficult.

00:12:38

Yeah, it really can.

00:12:44

But you deserve it.

00:12:54

The relationship should be like 50/50.

00:12:56

You know, I.

00:13:10

And trust me, I haven't.

00:13:12

I haven't had that either.

00:13:17

And after a while, it can get really draining to always be the person who gives and gets nothing back.

00:13:29

And it's not.

00:13:32

I don't think that's being selfish either.

00:13:37

No.

00:13:38

Even if you do things and not expect anything in return.

00:13:42

Like, it's like what we talked about earlier, right?

00:13:46

Like, if I'm massaging your feet, I'm not expecting, you know, you to do the same a second later.

00:13:52

Like.

00:13:53

But.

00:13:57

But I think if you love someone, you want to do things for them, and if that never happens, then you kind of start to question a little bit, you know, like, do they really care about me?

00:14:19

Yeah.

00:14:25

Yeah, that's.

00:14:27

That's a good analogy.

00:14:28

A two way street.

00:14:30

I like that.

00:14:38

Oh, I. I feel you.

00:14:40

It's difficult to ask, I know, but it's okay.

00:14:53

It's okay to ask for things.

00:15:01

In fact, I would really like if you did.

00:15:03

Because, You know, I'm not.

00:15:11

Not a mind reader.

00:15:12

Even if I try to read your face and I try to read between the lines of what you say, it really helps when you tell me things directly, like, I need a hug, or today was really like, shit, and I just need a moment to compress.

00:15:35

That really helps, honestly.

00:15:40

Yeah.

00:15:50

Mm.

00:15:53

And I'm not gonna be insulted if you sometimes ask me for space or anything like that.

00:16:03

I know we all need it.

00:16:10

And sometimes we just need moments like this.

00:16:15

We're more cuddled and get to be affectionate.

00:16:24

Yeah.

00:16:24

Sometimes we just need touch and care.

00:16:30

Love.

00:16:32

All those good things.

00:16:40

Yeah.

00:16:50

Love you too.

00:16:56

Oh, my God.

00:16:57

I. I forgot about.

00:17:07

No, I was supposed to take it out.

00:17:12

My God.

00:17:14

It doesn't smell burned.

00:17:16

You know what?

00:17:16

I'm.

00:17:16

I'm going to go and check on it.

00:17:21

Pray.